

# WOOD-SNAKE YEAR 2152

**Tibetan Calendar 2025** 

#### **DEAR READER**

This calendar is meant specifically for practitioners of Tibetan Buddhism. It shows the cycle of twelve months according to the Tibetan lunar calendar together with the corresponding months and days of the Western calendar.

The Tibetan astrology is a combination of Buddhist astrology from Kalachakra-Tantra, Hindu astrology from Shiva-Tantra and ancient Chinese astrology. Due to the synchronisation of solar day, lunar month, and zodiac year in Tibetan astrology you will see that a day can be lost or doubled.

The regular holy days as well as special days of Tibetan and Buddhist festivals are indicated. Although every day of the year is a special day for the practice of Dharma, the selection made here is on the bases of giving priority to the most important ones.

The 8th Moon, Full Moon, New Moon and eclipse days are special days for any wholesome action. For the lay practitioners these days are especially recommended for taking the Eight Vows. The 10th and 25th of the Tibetan calendar are days for Ganachakra or Tsok-Rituals of Tantra. They are especially recommended for performing Guru-Pujas. Sojong or Upposotha days twice a month are for confession of monastic communities.

We wish you good physical and spiritual health for this year, and may you spend each day of this year in a wholesome way.





### THE MEANING OF BUDDHISM

by Geshe Rabten

Buddhism is neither a strange tradition peculiar to certain foreign lands, nor a collection of dry words contained in books and libraries. Such opinions fail to discern what in fact Buddhism is.

All creatures in this world, whether human or animal, are constantly motivated by the

same basic aims: the achievement of happiness and the removal of suffering. But although our entire existence is lived in pursuit of these goals we never fully achieve them. The real, lasting happiness we desire eludes us and in the depths of our minds we continue to suffer. In our search for satisfaction we construct roads, schools, hospitals and so forth. Although these afford us some relief they are unable to remove the very roots of physical and mental pain. On the contrary, we observe how mental unrest tends to increase with technological progress. But why, despite our enormous efforts, should this be the case?

We generally consider the source of all our problems to be external to ourselves. We then try to overcome and manipulate these conditions. Of course, external conditions affect our lives and cause us to suffer, but it has to be recognised that the root cause for our painful experiences is deeply embedded within our own minds. The external situations are only contributing circumstances. In this light it becomes clear that no matter how much we change the external world we will never arrive at a truly satisfactory solution.

But what is it within us that causes us to continually suffer? It is self-concern, the attitude of cherishing oneself while disregarding others. In dependence upon self-concern attachment to one's own interest and resentment to the interests of others arise. Upon this basis all conflicts ensue. If, however, self-concern were absent, no conflicts could ever occur. As long as the mind is dominated

by self-concern we shall never be satisfied. Even if our situation is pleasant there will always be a restless longing for something else, which prevents any lasting peace and happiness from finding its way into our lives.

However, if this self-concern is decreased, hatred and attachment will likewise diminish in strength. And to the degree in which these factors are reduced we will notice an increase in our concern for others, as well as an increase in our own contentment and peace of mind

Where can the means be found to transform the mind in this way? They can be found in the Buddha's teachings. Thus the methods shown by the Buddha are extremely valuable for anyone truly seeking happiness, whether Buddhist or not. Buddhism should therefore be understood as a method for overcoming mental suffering and for increasing the sense of well-being for both self and others

We all know how much we appreciate being treated kindly by others. In the same way it should be realised that others too experience much joy upon being treated kindly by us. When concern for others grows strong, self-concern, hatred and attachment will diminish, one's mind will experience calmness and joy, and others will receive true benefit. All conflicts between individuals, groups of people, and even nations will be resolved as soon as concern for others takes the place of concern for oneself.

Concern for others is therefore the source of all individual and collective well-being, both secular and religious. To achieve this is the essence of Buddhism.

With these words the activities of the Rabten Choeling monastery were announced in 1977 by the Venerable Geshe Rabten Rinpoche. And with this objective the activities of all the Rabten monasteries and study centres, as well as the Edition Rabten publishing service have been carried on since then.

If you see a true benefit in such efforts for today's society and would like to support these aims, please be assured that your help is greatly appreciated.

#### **DHARMA FESTIVALS**

# र्केश ग्री दुश के दावन

Chotrul Duechen: Day of Buddha Shakyamuni's Great Miracles



Saga Dawa: This means ,Month of Saga', which is the fourth month of the lunar calendar. On the full moon day of this month, Buddha Shakyamuni showed his deed of taking birth, attaining enlightenment, and going into Parinirvana.



**Choekor Duechen:** Buddha Shakyamuni turned the Wheel of Dharma for the first time.



**Lha Bab Duechen:** Buddha Shakyamuni's return from the realm of the devas



Gaden Ngamchoe: Day of Je Tsongkhapa's Pariniryana.





Parinirvana days: The days of passing away.



Trungkar days: Birthdays of masters.

Those days are very special days for the practice of Dharma. Any positive or negative actions performed on these days have a strong multiplying effect.

#### **TIBETAN FESTIVALS**





**Losar:** Tibetan New Year. First day of the lunar calendar. It is celebrated in every auspicious and joyous way.



Zam Ling Chi Sang: Day of the Sang-Offering (ritual smoke-offering) to all the Protectors.



**Sangpo Chuzom:** The Day of the Ten Good Omens. This is a day for transforming all inauspicious situations into auspicious ones. Special day for merrymaking.

#### **SPECIAL DAYS**





**Rishi-Star:** This special astrological constellation causes the natural water-sources on earth to be transformed into nectar-like liquids. It is therefore particularly beneficial to take baths on these days.

#### **ASTROLOGICAL YEAR-SIGNS AND DAYS**

श्चेशार्थः र्यःहवाशः रदःवीःर्यःहवाशःददःतद्वेलःचत्रःवात्रवःचत्रःददः

In Tibetan astrology the days of the week are classified into harmonious and disharmonious days according to an individual's year of birth. So-called Luck-days and Life-days are harmonious. These days are generally considered as particularly suitable for starting projects and celebrating auspicious events. Anti-days, or disharmonious days, are generally considered as unsuitable for such events. It is something to be considered in case of choice.

Year of birth: ষ্ট্রগর্ন	1948 1960 1972 1984 1996	1949 1961 1973 1985 1997	1950 1962 1974 1986 1998	1951 1963 1975 1987 1999	1952 1964 1976 1988 2000	1953 1965 1977 1989 2001
Year-sign:	Mouse	Bull	Tiger	Rabbit	Dragon	Snake
र्थेन्ह्रवासा	ਸ਼ੁੰ'ਧ'	평도	हुया	র্ম্ম	ৎহ্মুবা	মুথে
Luck-day	Wed	Sat	Thu	Thu	Sun	Tue
ন্নু:বা্রবে:	ध्रुषा	क्षेड	ਖ਼੍ਰੂಸ:	धुरः	§·	
Life-day	Tue	Wed	Sat	Sat	Wed	Fri
র্থুন্যনূর্		<sup>धुषा</sup>	क्षेत्र	क्षेत्र	धुषा	nen
Anti-day	Sat	Thu	Fri	Fri	Thu	Wed
यामेदःयाज्ञरः	क्षेत्र	धुरः	NEN	nen	धुरः	धुना

	Year of birth: ট্রুপার্ঝ	1954 1966 1978 1990 2002	1955 1967 1979 1991 2003	1956 1968 1980 1992 2004	1957 1969 1981 1993 2005	1958 1970 1982 1994 2006	1959 1971 1983 1995 2007
ĺ	Year-sign: व्याह्म्यायाः	Horse	Sheep থ্ৰেন	Monkey ক্ল্রীথ	Rooster 5	Dog ট্রি	Boar य्याः
	Luck-day ह्य <sup>-या</sup> बर	Tue	Fri গ্রহণ	Fri nen	Fri NEN	Mon स्र	Wed <sup>धुवा</sup>
	Life-day र्र्भुग्गम्बरः	Fri	Mon स्	Thu धुरः	Thu धुरः	Wed धुषा	Tue
	Anti-day स्मेर्-साइवः	Wed ध्रुग	Thu धुरः	Tue 5बर	Tue 5बर	Thu युरः	Sat क्षेत्र

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D	Half Moon	ন্ঠ্রন্:
	New or Black Moon	<u></u> §5.
	Total eclipse of the sun	क्षे.८ह्य.क.क्ट.
-)0-	Partial eclipse of the sun	क्रे.८ह्ब.क.चल.
	Total eclipse of the moon	শ্ব.৫૬৫.ছ.ছে८.
	Partial eclipse of the moon	শ্ব.৫૬५.ছ.৳৶.
<b>Ŷ</b>	Monastic Sojong or Confession	यश्.ह्येट.
<b>%</b> e	Guru-Puja and Tsok-Rituals	क्र.चठु.क्रेर.ज्ञ.
	Dharma festivals	ૹૄૼઌ.૾૽ૢ૿ૺ.ઽૺઌ.ૹૢૹ.
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	Earth	≰\.
0	Water	<u> </u>
$\triangle$	Fire	ह्ये'
	Wind	क्रुट:

In Tibetan astrology the energies of the four elements, earth, water, fire and wind, are described to influence our days. It is either the double strength of one element or the union of two elements that predominates. According to the compatible or incompatible nature of the elements the days will be auspicious or inauspicious for particular activities. It is something to be considered in case of choice.

#### **ELEMENT COMBINATIONS**

	Earth-Earth: Auspicious. The double encounter of earth brings power together. Power lets all wishes be achieved. राज्ञेग उदाराबंदा क्रिया क्षा क्षा क्षा क्षा क्षा क्षा क्षा क्ष
00	Water-Water: Auspicious. The double encounter of water brings nectar together. Nectar increases life's force. कु.चाकुभावतः वस्तुराहिः क्वेंस् । प्रदुराहिः क्वेंस्यान्यस्य हेस्स्य प्रदेश
<b>3</b> 0	Earth-Water: Auspicious. The encounter of earth with water brings youth together. Youth brings great happiness. या कु तस्य पार के कुरा विकास किया है हैं।
ΔΔ	Fire-Fire: Auspicious. The double encounter of fire brings increase together. This will increase food and wealth. જ્ઞેષ્વાધું ભાગતા ત્યારા કુંગા વિશેષ ભાગતા કુંગા કુંગા વિશેષ ભાગતા કુંગા કુંગા હોય ત્યારા કુંગા કુંગા કુંગા હોય ભાગતા કુંગા કુંગા હોય ત્યા કુંગા કુંગા હોય ત્યા કુંગા કુંગા હોય ત્યા કુંગા કુંગા હોય ત્યા કુંગા કુંગા હોય હોય ત્યા કુંગા કુંગા હોય
20	Wind-Wind: Auspicious. The double encounter of wind brings perfection together. Perfection brings quick accomplishment of one's wishes. કુત્વાઈમાં સ્ત્રાહ્મત્ સુત્ર હૈવામાં ફુંચા   યુક્ષ હૈવામાં ફુંચ વસાવસા કુંચ વસાવસા કુંચ વસાવસા કુંચ વસાવસા કુંચ
ΔΔ	Fire-Wind: Auspicious. The encounter of fire and wind brings strength together. Strength brings all good omens. মানুদ্ৰেব্ৰুম্বৰ্ষ্ট্ৰম্ । ই্ৰমণ্ট্ৰ্ৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্ষ্ট্ৰম্বৰ্
	Earth-Wind: Inauspicious. The encounter of earth and wind brings incompatibility. Incompatibility exhausts food and wealth. याद्भुरावस्त्र मुक्का । स्रोलस्त्र मुक्का
0_	Water-Wind: Inauspicious. The encounter of water and wind brings disharmony together. Disharmony separates friends. कु कुर त्यंत्र या के अमुक हुँदा। कि अमुक हुँदा परा मुक्त प्रमान अपने परिवास
	Earth-Fire: Inauspicious. The encounter of earth and fire brings burning together. Burning creates suffering. ম'ঝ'ঝ্র্'্য'ঝ্বাম্নি স্ত্র্বাম্নি স্ত্র্বাম্নি স্থ্রাম্ন্র্বাম্ন্
ΔΟ	Fire-Water: Inauspicious. The encounter of fire and water brings death. Death robs life away.

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5	Sun	Ten Good Omens
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12	Sun	
13	Mon	
14	Tue	
15	Wed	
16	Thu	
17	Fri	Jetsun Choe Kyi Gyaltsen Parinirvana
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19	Sun	
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27	Thu	Thanksgiving to Dharma-Protectors
28	Fri	Tibetan New Year
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14	Fri	Buddha's Great Miracles
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17	Mon	Kyabje Rabten Parinirvana
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**April 2025** 

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_11	Tue	Buddha's return from deva-land
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9	Tue			ΔΔ		<b>5</b> बर
10	Wed	Kyabje Ling Parinirvana	- 원디지'È	्चीर-र्वोरशर् <u>ह</u> वाश		झ्रेण
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12	Fri					취득취
13	Sat					शेव
14	Sun	Je Tsongkhapa Parinirvana		र्यादःइब.इ.सकूर्। ००	<b>(a)</b>	3
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16	Tue			Δ۵		<b>5</b> बर
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25	Thu	Christmas Day		00		सुर
26	Fri	Ten Good Omens	2	पबर-त्.पर्थे.पड्डाभा □□	72125	ঝহঝ
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31	Wed			ΔΟ		क्ष्रव

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16	Mon	Thanksgiving to Dharma-Protectors
17	Tue	
18	Wed	Tibetan New Year
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1	Sun	
2	Mon	
3	Tue	Buddha's Great Miracles
4	Wed	
5	Thu	
6	Fri	Kyabje Rabten Parinirvana
7	Sat	
8	Sun	
9	Mon	
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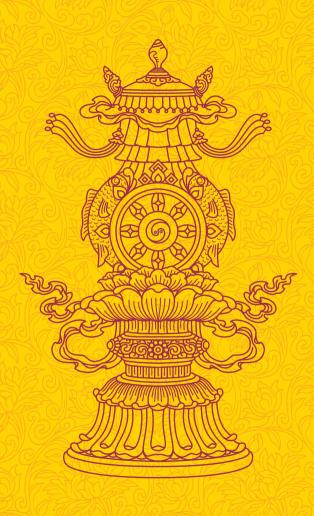
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